Re-Engaging Life - Overcoming Chronic Back Pain

- Apply a psychosocial biomedical approach to low back pain
- Be an effective health coach engaging patients in lifestyle change
- Develop multimodal management plan for patients with low back pain
- Apply best practice principles when prescribing opioid analgesics in the management of moderate to severe chronic back pain

This 2 hour educational activity has been accredited by the RACGP QI & CPD Program
RACGP: 4 CPD points (Cat 2) Activity No: 51203
ACRRM: 2 Core PDP points Activity No: 6112
Meeting details

Date: Monday, 5th September 2016
Venue: Red Peppa
34 Sturt Street
Ballarat, VIC
Time: 6.30pm Registration,
7.00pm Start of meeting
Speaker: Dr Michael Bassett
Pain Specialist FFPMANZCA
Anaesthetist
Dept of Anaesthesia (Ballarat Base Hospital)

Outline of activities

6:30pm Registration, 7:00pm Start of meeting
Welcome and introduction (meal service commences)
Education activity:
Ruben: 7-month history of chronic low back pain
Case study Background and management of acute back pain
Engaging in lifestyle change and being a health coach
Addressing psychosocial issues (yellow flags)
Quality use of analgesics in the management of chronic back pain
Summary, discussion, concluding remarks
Meeting close and evaluation (Tea & coffee served)

RSVP details (please print in BLOCK LETTERS)

☐ Yes, I will be attending the meeting
☐ No, I am unable to attend

Name
Surgery
Contact number
Email address
RACGP number
Special dietary requirements

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