Friday 1st July, 2016

General Practitioner
Primary Health Network

Dear Doctor,

We are conducting a study into greater trochanteric pain syndrome (otherwise known as gluteal tendinopathy and/or trochanteric bursitis) and would appreciate you and your clinic letting us know about any suitable people.

The study is seeking post-menopausal women with lateral hip pain to participate in our GLoBE Trial: ‘Does female sex hormone supplementation, exercise or a combination of both, improve pain and function in post-menopausal women with greater trochanteric pain syndrome (GTPS)?’ A randomised controlled trial (UHEC 14-055). Your assistance would involve referring post-menopausal women with GTPS to the lead researcher on the trial (Ms Rachael McMillan) to be screened for eligibility. Eligible participants will be randomised into a hormone replacement therapy treatment group (oestradiol 50mcg and NETA 140mcg cream) or a placebo group, and one of two different exercise programs. For further information, I have attached the participant information statement.

Aside from a screening assessment conducted by Dr Greg Harris in Melbourne to assess trial eligibility, the practitioner involved in the trial will provide no other interventions. Patients referred into the trial will remain with the treating doctor and physiotherapist for their on-going management.

As we are looking to expand the study to Ballarat, we seek a general practitioner and/or musculoskeletal physician to perform this screening assessment in the Ballarat area (for those participants who progress through the initial phone screening). Dr Greg Harris would act as a point of contact for assistance and any questions relating to the screening assessment. No further intervention would be required from the screening practitioners point of view.

Should you require further information or would like to discuss the trial in further detail, please feel free to contact me on 9479 1389 / 0438 628 110 or globe.hip@latrobe.edu.au. Assistance with this project would be greatly appreciated. We have attached some advertising flyers for your clinic.

Kind Regards

[Signature]

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Greg Harris  
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